

# HARBOUR HOUSE HOTEL

## WINTER LUNCH MENU

SERVED FROM 11:30 A.M. TO 4:30 P.M.

### APPETIZERS

#### SOUP OF THE DAY

A CUP OF SOUP IS COMPLIMENTARY WHEN ORDERING A LUNCH SPECIAL  
BOWL 6, CUP 4

#### SMOKED CHOWDER

CREAMY BLEND OF CLAMS, HALIBUT, SMOKED SALMON, SHRIMP AND VEGETABLES  
BOWL 8, CUP 6

#### BABY SPINACH SALAD

GOATS CHEESE, APPLE, DRIED CRANBERRIES, TOASTED SUNFLOWER SEEDS, HONEY ALMOND DRESSING  
10

#### CAESAR SALAD

ROASTED GARLIC DRESSING, CROUTONS, PARMESAN CHEESE  
FULL 8, SMALL 5

#### MIXED GREEN SALAD

ROASTED SHALLOT DRESSING, CUCUMBERS, TOMATOES, FETA CHEESE AND SUNFLOWER SEEDS  
FULL 9, SMALL 7

#### HALIBUT AND SALMON CAKES

CABBAGE AND MIXED GREEN SALAD, TARTAR SAUCE  
9

#### YAM FRIES

CHIPOTLE AND LIME MAYO  
7

### MAIN COURSE

BEEF DIP AU JUS  
SHAVED ROAST BEEF ON A GARLIC BAGUETTE  
12

BBQ PULLED PORK  
CHIPOTLE MAPLE BBQ SAUCE, CARAMELIZED ONIONS, MOZZARELLA  
12

ORGANIC CHICKEN CLUB WRAP  
BACON, LETTUCE, TOMATO AND GARLIC MAYO  
12

HALIBUT & CHIPS  
CRISPY TEMPURA BATTER, COLESLAW, TARTAR SAUCE  
1 PIECE 12                      2 PIECES 16

BACON CHEESE BURGER  
CHEDDAR, MOZZARELLA AND BACON  
12

CHICKPEA AND SMOKED TOFU BURGER  
PUMPKIN AND SUNFLOWER SEEDS, MINCED VEGETABLES, BEET RELISH  
10

ORGANIC CHICKEN BREAST BURGER  
SALSA, GUACAMOLE, MOZZARELLA AND BACON  
12

ALL BURGERS ARE SERVED WITH LETTUCE, TOMATO, PICKLE, RED ONION AND GARLIC MAYO. CHOICE OF  
FRIES, SALAD OR HALF AND HALF

ADD-ONS  
SAUTÉED MUSHROOMS, BACON, SWISS, MOZZARELLA, CHEDDAR OR GOATS CHEESE  
1.50 EACH